

May

•Format change•
Monday's/Saturday's-9AM-
BOOTY BOOT CAMP
w/Annemarie

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 6PM: COMMIT DANCE FITNESS- BRE	2	3 9AM: BOOTY BOOT CAMP- ANNEMARIE 9AM: FITNESS BOOTCAMP (turf) 11AM: FITNESS BOOTCAMP 1PM:KIDS CAMP
4 10AM:FITNESS BOOTCAMP 1PM: KIDS CLUB	5 9AM: BOOTY BOOTCAMP- ANNEMARIE 6PM: COMMIT DANCE FITNESS-ALEX & TESA	6 12PM: PURE STRENGTH TRAINING - THERESA 6PM: ZUMBA/COMMIT DANCE FITNESS-ALEX	7 6PM: COMMIT DANCE FITNESS- BRE	8 6PM: COMMIT DANCE FITNESS- BRE	9	10 9AM: BOOTY BOOT CAMP- ANNEMARIE 9AM: FITNESS BOOTCAMP (turf) 11AM: FITNESS BOOTCAMP 1PM:KIDS CAMP
11 10AM:FITNESS BOOTCAMP 1PM: KIDS CLUB	12 9AM: BOOTY BOOTCAMP- ANNEMARIE 6PM: COMMIT DANCE FITNESS-ALEX & TESA	13 12PM: PURE STRENGTH TRAINING - THERESA 6PM: ZUMBA/COMMIT DANCE FITNESS-ALEX	14 6PM: COMMIT DANCE FITNESS- BRE	15 6PM: COMMIT DANCE FITNESS- BRE	16	17 9AM: BOOTY BOOT CAMP- ANNEMARIE 9AM: FITNESS BOOTCAMP (turf) 11AM: FITNESS BOOTCAMP 1PM:KIDS CAMP
18 10AM:FITNESS BOOTCAMP 1PM: KIDS CLUB	19 9AM: BOOTY BOOTCAMP- ANNEMARIE 6PM: COMMIT DANCE FITNESS-ALEX & TESA	20 12PM: PURE STRENGTH TRAINING - THERESA 6PM: ZUMBA/COMMIT DANCE FITNESS-ALEX	21 6PM: COMMIT DANCE FITNESS- BRE	22 6PM: COMMIT DANCE FITNESS- BRE	23	24 9AM: BOOTY BOOT CAMP- ANNEMARIE 9AM: FITNESS BOOTCAMP (turf) 11AM: FITNESS BOOTCAMP 1PM:KIDS CAMP
25 10AM:FITNESS BOOTCAMP 1PM: KIDS CLUB	26 9AM: BOOTY BOOTCAMP- ANNEMARIE 6PM: COMMIT DANCE FITNESS-ALEX & TESA	27 12PM: PURE STRENGTH TRAINING - THERESA 6PM: ZUMBA/COMMIT DANCE FITNESS-ALEX	28 6PM: COMMIT DANCE FITNESS- BRE	29 6PM: COMMIT DANCE FITNESS- BRE	30	31 9AM: BOOTY BOOT CAMP- ANNEMARIE 9AM: FITNESS BOOTCAMP (turf) 11AM: FITNESS BOOTCAMP 1PM:KIDS CAMP