

Fitness Quest Auburn - Group Fitness Class Schedule

Monday Tuesday Wednesday Thursday Friday Saturday Sunday

Cycle
Annemarie
9:00AM



Zumba
Danielle
11:00AM



Zumba
Danielle
11:00AM



Cycle
Annemarie
9:00AM



Zumba
Renata
10:00AM



Zumba
Tessa
5:00PM



Commit
Bre & Molly
6:00PM



Cycle
Reina
6:00PM



Commit
Bre & Molly
6:00PM



Cycle
Reina
6:00PM



Yoga
Renata
11:00AM



Cycle
Denise
6:00PM



Wrestling
Youth - 6PM
Advanced - 6:30PM



Commit
Quande
7:00PM



Wrestling
Youth - 6PM
Advanced - 6:30PM



KIDS
Fitness
RJ
1:00PM



Boot Camp
RJ
12:00PM



Zumba
Heather
7:00PM



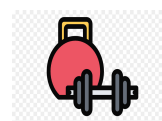
Commit
Nanave
7:00PM



Commit
Joy
7:00PM



KIDS
Fitness
1:00pm



Wrestling
2:00PM



