























Fitness Quest Auburn - Group Fitness Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cycle Annemarie <u>9:00AM</u> 	Zumba Danielle <u>10:00AM</u> 	Cycle Denise <u>9:00AM</u> 	Zumba Danielle <u>10:00AM</u> 		Cycle Annemarie <u>9:00AM</u> 	
Zumba Tessa <u>5:00PM</u> 	Commit Bre & Molly <u>6:00PM</u> 	Cycle Kate <u>6:00PM</u> 	Commit Bre & Molly <u>6:00PM</u> 	Zumba Renata <u>4:00PM</u> 	Boot Camp Bethany <u>10:00AM</u> 	Boot Camp RJ <u>12:00PM</u> 
	Wrestling Youth - <u>6PM</u> Advanced - <u>6:30PM</u> 	Commit Quande <u>7:00PM</u> 	Wrestling Youth - <u>6PM</u> Advanced - <u>6:30PM</u> 	Yoga Renata <u>5:00PM</u> 	KIDS Fitness RJ <u>1:00PM</u> 	KIDS Fitness RJ <u>1:00PM</u> 
	Commit Donna <u>7:00PM</u> 		Commit Joy <u>7:00PM</u> 	Cycle Kate <u>6:00PM</u> 		Advanced Wrestling <u>2:00PM</u> 
						Booty Pump Bri <u>4:00PM</u> 